

<b>The Ohio State University</b> <b>Colleges of the Arts and Sciences New Course Request</b>
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PSYCHOLOGY

Academic Unit

PSYCHOLOGY

Book 3 Listing (e.g., Portuguese)

865 Introduction to Clinical Psychology

Number Title

INTRO CLIN PSYCH

G

3

18-Character Title Abbreviation

Level

Credit Hours

Summer

Autumn X

Winter

Spring

Year 2007

Proposed effective date, choose one quarter and put an "X" after it; and fill in the year. See the OAA curriculum manual for deadlines.

**A. Course Offerings Bulletin Information**

Follow the instructions in the OAA curriculum manual. If this is a course with decimal subdivisions, then use one New Course Request form for the generic information that will apply to all subdivisions; and use separate forms for each new decimal subdivision, including on each form the information that is unique to that subdivision. If the course offered is less than a quarter or a term, please complete the Flexibly Scheduled/Off Campus/Workshop Request form.

Description (*not to exceed 25 words*): Overview of clinical interviewing skills, theory and application of a cognitive-behavioral orientation to psychotherapy, and ethical issues in clinical psychology

Quarter offered: \_\_\_\_\_ Distribution of class time/contact hours: 1 2.5 hr class

Quarter and contact/class time hours information should be omitted from Book 3 publication (yes or no): NO

Prerequisite(s): Admission to Psychology's clinical doctoral program

Exclusion or limiting clause:

Repeatable to a maximum of N/A credit hours.

Cross-listed with: N/A

Grade Option (Please check): Letter  S/U  Progress  What is course is last in the series? \_\_\_\_\_

Honors Statement:

Yes  No

GEC:

Yes  No

Admission Condition

Off-Campus:

Yes  No

EM:

Yes  No

Course: Yes  No

Other General Course Information:

(e.g. "Taught in English." "Credit does not count toward BSBA degree.")

**B. General Information**

Subject Code 42.0201 Subsidy Level (V, G, T, B, M, D, or P) D

If you have questions, please email Jed Dickhaut at [dickhaut.1@osu.edu](mailto:dickhaut.1@osu.edu).

1. Provide the rationale for proposing this course:

This course provides an introduction to the field of clinical psychology for 1<sup>st</sup>-year doctoral students in clinical psychology. The course has evolved out of a 695 seminar which has been offered for several years and has now been made a formal requirement of the clinical psychology doctoral program.

2. Please list Majors/Minors affected by the creation of this new course. Attach revisions of all affected programs. This course is (check one):  Required on major(s)/minor(s)  A choice on major(s)/minors(s)  
 An elective within major(s)/minor(s)  A general elective:

3. Indicate the nature of the program adjustments, new funding, and/or withdrawals that make possible the implementation of this new course.

N/A

4. Is the approval of this request contingent upon the approval of other course requests or curricular requests?

Yes  No  List:

5. If this course is part of a sequence, list the number of the other course(s) in the sequence: \_\_\_\_\_

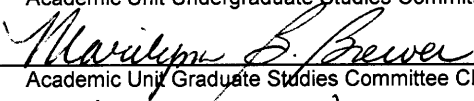

6. Expected section size: 8-10 Proposed number of sections per year: 1

7. Do you want prerequisites enforced electronically (see OAA manual for what can be enforced)? Yes  No

8. This course has been discussed with and has the concurrence of the following academic units needing this course or with academic units having directly related interests (*List units and attach letters and/or forms*):  
 Not Applicable

9. **Attach a course syllabus that includes a topical outline of the course, student learning outcomes and/or course objectives, off-campus field experience, methods of evaluation, and other items as stated in the OAA curriculum manual and e-mail to [ascurofc@osu.edu](mailto:ascurofc@osu.edu).**

**Approval Process** The signatures on the lines in ALL CAPS ( e.g. ACADEMIC UNIT) are required.

1. Academic Unit Undergraduate Studies Committee Chair	Printed Name	Date
	Marilynn Brewer	9/25/06
2. Academic Unit Graduate Studies Committee Chair	Printed Name	Date
	Gifford Weary	9.22.06
3. <b>ACADEMIC UNIT CHAIR/DIRECTOR</b>	Printed Name	Date
4. After the Academic Unit Chair/Director signs the request, forward the form to the ASC Curriculum Office, 105 Brown Hall, 190 West 17 <sup>th</sup> Ave. or fax it to 688-5678. Attach the syllabus and any supporting documentation in an e-mail to <a href="mailto:ascurofc@osu.edu">ascurofc@osu.edu</a> . The ASC Curriculum Office will forward the request to the appropriate committee.		
5. <b>COLLEGE CURRICULUM COMMITTEE</b>	Printed Name	Date
6. <b>ARTS AND SCIENCES EXECUTIVE DEAN</b>	Printed Name	Date
7. Graduate School (if appropriate)	Printed Name	Date
8. University Honors Center (if appropriate)	Printed Name	Date
9. Office of International Education (if appropriate)	Printed Name	Date
10. <b>ACADEMIC AFFAIRS</b>	Printed Name	Date

**Psychology 865**  
Introduction to Clinical Psychology  
3 Credit Hours  
Tuesdays, 9:00 a.m.-11:30 a.m.

Dr. Steven Beck  
Associate Professor  
143 Psychology Building  
292-6849  
e-mail: [beck.5@osu.edu](mailto:beck.5@osu.edu)

Texts:

Morrison, James (1995). The First Interview: A Guide to Clinicians. New York: The Guilford Press.

Egan, G. (2002). The Skilled Helper (7<sup>th</sup> ed.). Pacific Grove, CA: Brooks/Cole.

Knapp, S.J., & VandeCamp, L.D. (2006) Practical Ethics for Psychologists: A Positive Approach. Washington, D.C.: American Psychological Association.

### Course Overview

This course has three primary objectives: (1) to provide a general overview of the theory and application of a cognitive-behavioral orientation; (2) to develop basic clinical interviewing skills that lay the groundwork for effective psychotherapy; and (3) to develop a working knowledge of the primary ethical issues relevant to the practice of clinical psychology. Furthermore, this course will cover the mental status examination, a discussion of the history and current status of managed care, and basic issues in psychotherapy with racial/ethnic minorities.

### Course Requirements

Students are expected to be active participants in all aspects of this course. While this is a primary lecture class, except for one class where we will role play, your success in the course will be based on keeping up with the readings and engaging the subject matter through discussion. You will be required to one half of the Egan “The Skilled Helper” book, and several chapters from the Morrison “First Interview” book and Knapp and VandeCamp “Practical Ethics...” book.

There is one exam, which is the final. The final material will cover 50% of the lecture material and 50% from the readings. The final exam accounts for 80% of your final grade, with your class participation accounting for the remaining 20%.

## Students with disabilities

This syllabus is available in alternative formats upon request. In addition, if you may need an accommodation based on the impact of a disability, you should contact the instructor immediately. Students with special needs should contact the Office of Disability Services (ODS) at 292-3307 for certification if they have not already done so. Upon such certification, the ODS and the instructor will make every effort to accommodate special needs. However, to ensure that evaluation of student performance in the course is conducted in a manner that is fair to all students, special accommodations will not be granted in the absence of ODS certification.

## Academic Misconduct

All students at the Ohio State University are bound by the Code of Student Conduct (see <http://oaa.ohio-state.edu/coam/code.html>). Violations of the code in this class will be dealt with according to the procedures detailed in that code. Specifically, any alleged cases of misconduct will be referred to the Committee on Academic Misconduct

DATE	TOPICS
Class 1	Overview of course, tenets of cognitive-behavioral therapy Egan: Chapters 1 and 2
Class 2	History of the therapeutic relationship, foci of therapy, the therapeutic alliance, and facts about psychotherapy; the symptoms of empathy Egan: Chapters 3, 4, and 5  <b>READING:</b> Burns, D., & Aurbach, A. (1996) Therapeutic Empathy in Cognitive-Behavioral Therapy: Does it Really Make a Difference?
Class 3	Information required during diagnostic interviewing, mental status examination Egan: Chapters 6 and 7

- Class 4      Overview of cognitive behavioral strategies:
- Agenda Setting
  - Daily Mood Log
  - Checklist of cognitive distortions
  - The Socratic Method
  - The Externalization of Voices
  - The Acceptance Paradox
  - Thinking in Shaded of Gray
  - Cost-Benefit Analysis
  - The Paradoxical Cost-Benefit Analysis
- Edgan: Chapter 9
- Class 5      Motivation Interviewing, Role plays of diagnostic interviews
- Morrison: Chapters 6-10, 14
- Class 6      Film, Cognitive Behavioral Therapy with Donald Meichenbaum, discussion of the film.
- Class 7      Ethical Issues
- Foundation of ethical behavior
  - Ethical decision making,, applying the five-step model
  - Competence
- Knapp and VandeCamp: Chapters 1-5
- Class 8      Ethical Issues continued
- Multiple Relationships and professional boundries
  - Informed consent
  - Confidentiality, priviledged communication, record keeping
- Knapp and VandeCamp: Chapters 6-8
- Class 9      Ethical Issues continued
- Life endangering clients
  - Forensic Psychology
  - Special topics in psychotherapy
- Knapp and Vandecamp: Chapters 9-11, 13
- Class 10     Cultural issues in psychotherapy, and history and current status of managed care.